



to

UNIS

Creating Groups that  
Understand, Nurture, Inspire, and Support  
Each Other

Section 1: UNIS overview

The Catalyst Approach was Developed by  
Nancy Burns & Jacki Brickman

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Overview

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## Section 1

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Which of the objectives of the course interest you the most?

- ◆ To recognize patterns of group dynamics from the perspective of a leader
- ◆ To describe the interdependence between individuals and the group as a whole
- ◆ Ways to accelerate the sense of safety and community in a group
- ◆ How to facilitate shared leadership among group members
- ◆ Variables that impact a group's level of unity
- ◆ How to create inclusivity for individuals who are vulnerable